



KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE  
ADMINISTRATIVE BOARD  
MEETING MINUTES  
MAY 20, 2004

Members Present:, Joan Clement, Nancy Code, Roger Goodman, Larry Hill, Kim Murillo, Yasmin Smith, Mary Alice Knotts (Board Nominee)

Members Absent: Linda Brown (excused), Jim Harbaugh (excused)

Staff Present: Rhoda Naguit, Jim Vollendroff

Guests Present: Bob Akers, Bruce Mulvey, Leona Moran, Northshore Youth Services; Gerry Coughlin, Alcohol-Drug Helpline; Mervyn Chambers, Central Youth & Family Services; Bob Leonard, Deb Schnellman, Division of Alcohol and Substance Abuse; Victor Loo, WAPIFASA; Ellis McDaniel, Therapeutic Health Services-Rainier Branch; Mario Paredes, Kathleen VanTries, Consejo Counseling & Referral Services; Susan Schoeld, Ruth Dykeman Youth & Family Services; Ron Sterling, King County Mental Health Board; Sharon Toquinto, King County AOD Prevention Division; Suzanne Wietting, Fairfax Hospital; Joan Zintak, Community Psychiatric Clinic

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In lieu of Board Chair Linda Brown who was out of town, Vice Chair Nancy Code convened the King County Alcoholism and Substance Abuse Administrative Board at 12:05 p.m. The meeting was held at the conference room of Consejo Counseling and Referral Services, located at 3808 South Angeline in Seattle.

## I. WELCOME AND INTRODUCTIONS

Vice Chair Code welcomed everyone present and expressed delight for a significant representation from provider agencies at the meeting. She asked everyone to introduce him/herself.

## II. PRESENTATION FROM NORTSHORE YOUTH SERVICES

Handouts: The Nurturing Parenting Program, The Philosophy of Nurturing Parenting, and Weekly Topics for Nurturing Parenting Program.

Bob Akers stated that the Nurturing Parenting Program emphasizes the importance of raising children in a warm, trusting and passionate household. He explained the seven domains where the philosophy of Nurturing Parenting is founded which include the feelings of attachments, empathy, nurturing oneself, gentle touch, discipline, expressing feelings, and expectations and self-worth. The prevention portion of this project is funded by the King County Department of Public Health.

Leona Moran described how the classes are conducted. In family meetings, problem solving skill is used as an approach. The program also emphasizes

adaptation of treatment to the target population and attachment-separation issues of the kids.

A video was shown, which portrays the relationship of alcoholism with abuse. A copy of the booklet "*Growing Up Drug-Free*" was passed around for everyone to peruse.

How does the agency address risk and protective factors to meet their goal? This is done through family management and family bonding.

How long is the length of treatment? The treatment is about 12 weeks followed by homework.

### III. PREVENTION DIVISION PRESENTATION

Sharon Toquinto gave the following update:

#### A. Management Information System (MIS) Update

Alcohol and Other Drugs Prevention Division continue to work with the Division of Alcohol and Substance Abuse (DASA) in addressing some glitches on the new system. An interim report is due soon so these glitches have to be worked out soon in order to meet the deadline.

#### B. 25-Cities Initiatives

A group, composed of treatment, prevention, and law enforcement, meets once a month to develop a service program that will reduce drug use in Seattle. The group is currently working in the Delridge area. There is a plan to start another project in the Capitol Hill area. AOD Prevention staff is currently working on the prevention piece of the initiative.

On June 19, 2004, there will be a presentation of the Human Services agencies and communities at Pike Market.

#### C. Project Access Grant

The report for this grant will be made available in June 2004.

### IV. AGENCY CONCERNS

This portion of the board meeting is intended to provide an opportunity for agencies to interact with the board.

Suzanne Wietting of Fairfax Hospital announced that their agency is looking for a CD Program Manager. Suzanne has brought flyers for those interested to know more about the job opening.

## V. REVIEW AND APPROVAL OF MINUTES

The review and approval of the April 15, 2004 joint board meeting minutes was put on hold until a quorum was reached. With the arrival of three more board members, a quorum was formed. Joan Clement made a motion, which was seconded by Larry Hill to approve the April 15, 2004 joint board meeting minutes as submitted. The motion was passed unanimously.

## VI. BOARD CHAIR'S REPORT

### A. Liaison Report

#### **Joan Clement - CD Youth Providers Meeting, King County Mental Health Advisory Board (KCMHAB), Chronic Populations Action Council (CPAC)**

**CD Youth Providers Meeting:** The Seattle Counseling Service will be moving in another location in Capitol Hill sometime in July. The Recovery Centers of King County will be adding 16 acute detox beds. The agency has assessed 473 clients.

**KCMHAB:** The Division is revisiting the County Recovery Model. The recently approved Medicaid waiver will cause an enormous loss for King County. Prior to the approval of State waiver on Medicaid, the County has the prerogative to spend the money not used for Medicaid for other services. Under the new CMS's policy, the Division can no longer keep or spend the savings for other services. The surplus money will have to be returned to the Feds.

**CPAC:** The group reviewed the Community Correction Alternative Program and made a tour of the Yesler Building.

#### **Roger Goodman – Legislative Advocacy and Public Affairs Committee**

The Legislative Advocacy and Public Affairs committee met yesterday. Roger has met some people from his recent meeting in Washington D.C. who are interested in working with King County on Recovery Month. In Chicago, they are holding a Recovery Olympic, focusing on the celebration of recovery rather than its regrets. This year's Recovery Month observance, the county would like to put a face on recovery. Roger shared some ideas in making this year's observance of Recovery Month more effective and widespread. Some of the strategies include utilizing radio talks to get them to feature or broadcast the testimonies of people who are recovering from the disease, integrate mental health and chemical dependency in

this recovery observance, and have a joint press release from both MH/CD chair boards. The conference call with CSAT to discuss the Recovery Month activities did not materialize last April 28<sup>th</sup>. It is rescheduled for next week. Deb Schnellman expressed willingness to participate in the conference call. She said that she will try to get DASA to extend assistance, possibly including funding, to the collaborative efforts of various counties on Recovery Month.

The group also discussed the purpose of the committee and how to revitalize the committee. The forthcoming Legislative Forum was discussed at length. Roger asked that this item be included in the June 17, 2004 board meeting for discussion. Jim Vollendroff stated that he and Harvey Funai are working together in making sure that contracted agencies will actively participate in this year's legislative forum and will bring their clients to the event.

#### B. CDP Shortages Task Force

Kim Murillo, Task Force Chair, reported back to the board about the outcome of the meetings with agency providers and Harvey Funai on the issue of CDP shortages.

First, the group identified the problem and discussed it in detail. The problem identified are: recruitment, job satisfaction and retention. There are CDPs who feel they are not compensated fairly for the amount of work they do and the nature of their work, especially when they compare their pay with their counterpart at Mental Health. This causes dissatisfaction with their work and so they quit. Shortages of CDPs are creating competition between agencies. There are CDPs who move from one agency to another for reason of increase salary, and/or performance issues.

Secondly, the group developed a goal - "A sustainable professional chemical dependency workforce who are adequately trained, compensated and equipped to address the needs presented in the State and to increase the number of competent, well-trained Chemical Dependency Counselors."

Thirdly, the group identified the barriers. The changes in WAC to reflect the growing need for professionalism e.g. the number of hours of internship has gone up from 1,000 hours to 2,000 hours. The continued growing concerns about comparable salaries with their counterparts in other regions and requirements for publicly funded agencies to have DASA-certified CDPs. People coming from outside the states are finding it hard to acquire a license from DOH because of the rigid requirements from DOH licensing office. There is a need to advocate for uniformity of class titles between colleges and DOH licensing.

The group offered the following recommendations to resolve this workforce crisis: Work with DOH closely to remove the barriers i.e. course work, documentation in one month prior to exam, promote uniform school curriculum/syllabus, stipends for

schooling and/or reimbursement of fees for CDPs, provide training for supervisors both in structure and education.

Jim encouraged agencies to attend the DOH Committee meetings to influence the changes they would like to see in the DOH requirements.

Kim inquired what else the board expects from the Task Force. Jim would like the Task Force to look at short term, regular term and long-term to address the issue. Jim encouraged more agency representatives to attend the meeting for brainstorming.

## VII. A/D COORDINATOR'S REPORT

### A. Access to Recovery

DASA has applied for Access to Recovery grant. This grant is a voucher-based system. It aims to provide support service initiatives for clients who are not eligible under the current DASA funding. Around 177 individual families will be served each month. It has \$400,000 monthly estimated expenditures. This grant funding will pay for auxiliary services e.g. domestic violence, medical needs and other support services is covered by this grant. The grant has a \$3M funding a year for five years. The funding will go directly to the King County and will be sub-contracted to local service agencies. There are 15 awardees nationwide.

### B. WASBIRT Update

Harborview has hired five new staff. DASA and MHCADSD staff will meet with agency providers to discuss referral process. Of the five sites in Washington, Harborview, Southwest and Tacoma are all seeing clients. Snohomish County will start soon and Spokane pulled out of the project. Funds from Spokane will be used to fund a WASBIRT project in Yakima. To date, Harborview has had contact with 524 clients, 147 had screening only, 94 received a brief intervention and two are in brief treatment.

### C. GAIN Training

Jim attended the training together with another Division staff Winnie Ng held in Hartford, Connecticut last May 10-13, 2004. It's an extensive training. Clinical supervisors will appreciate the comprehensiveness of this training. If proficient, it will only take one to two hours for clinician to complete the assessment. In implementing this assessment tool, we are looking at best practices. Implementation will require an oversight person once the GAIN assessment tool is implemented in King County and IS support.

D. Family Dependency Court

The applicant selected for the Manager position for the Family Dependency Court did not accept the offer so the position was re-opened. The newly hired staff will start in July so the program should be in track by August. The kick off celebration will be in July. Jim encouraged the board to send board representation to this event.

E. Needs Assessment

We need to do a full Needs Assessment for the 2005-2007 Biennium Contract. This will require holding public hearings. The Board will work on this at its forthcoming board retreat.

F. Reimbursement Rate

Jim is working with Pierce and Snohomish counties to hire a consultant to do a reimbursement rate study for non-Medicaid clients. This will be used to negotiate rates with the state. The thought is that the cost of doing business is higher in the urban counties.

G. Budget for 2005

There is a potential budget cut from the City of Seattle for \$100,000 for Emergency Service Patrol (ESP) next year. Loss of funding for this program will affect the geographic area of service coverage and it may no longer be able to operate 24 hours.

There is a proposed \$239,000 cut on Seattle Team for Youth program.

The budget for the triage position is proposed to take a \$50,000 budget cut.

There being no further business, the meeting was adjourned at 1:35 p.m.

Prepared by:

Attested by:

Rhoda A. Naguit  
Recording Secretary

Nancy Code  
Vice Chair